

LEVEL

8 WEEK SPRING TRAINING PROGRAM

MARCH 10 - MAY 2

\$825 PER SKATER

**REGISTER BY FEB 1ST
FOR \$50 OFF**

\$450 DEPOSIT - BALANCE DUE APRIL 1ST

INCLUDED

- 2 WEEKLY ICE SESSIONS
SKILL DEVELOPMENT - POWER SKATING
SCRIMMAGE
- 1 WEEKLY OFF ICE TRAINING SESSION
STRENGTH - SPEED - AGILITY - POWER
- 1 WEEKLY GOALIE SPECIFIC SESSIONS
- HOME & AWAY JERSEY

**AGE DIVISIONS
8U, 10U, 12U, 14U, 16U**

Travel Hockey Experience Required

REGISTER ONLINE AT
PBSKATEZONE.COM
STARTING JANUARY 1ST



QUESTIONS?

**MIMI SELLIAN
MIMI@PBHAWKS.COM
772-418-5593**

**PALM★BEACH
SKATE
ZONE**

ALL SESSIONS WILL TAKE PLACE AT
8125 LAKE WORTH RD, LAKE WORTH, FL 33467
PBSKATEZONE.COM | 561-963-5900

